

Soon after my cataract surgery I injured my hip in a fall, and need a walker to get around now. My Oregon Project Independence case manager makes sure I get the help I need to for transportation to my medical appointments and the senior center for meals, and that I have a housekeeper come in to do my vacuuming and cleaning. If I could I would do all of these things for myself, but I'm just not able to anymore. I can't tell you how grateful I am for the help I receive from OPI.

—JANICE C., OPI RECIPIENT



Oregon Cascades West Council of Governments Senior and Disability Services will not discriminate against anyone. This means we will help all who qualify regardless of their age, race, color, national origin, gender, sexual orientation, religion, political beliefs or disability. You may file a complaint if you think you have been singled out or denied services because of any of these things.

Senior & Disability Services for Linn & Benton Counties

1400 Queen Ave SE, Ste 206
Albany OR 97322

Local
541-967-8630

Toll free
800-638-0510

Senior & Disability Services for Lincoln County

203 N Main Street
Toledo OR 97391

Local
541-336-2289

Toll free
800-282-6194

OREGON CASCADES WEST SENIOR & DISABILITY SERVICES



OREGON PROJECT INDEPENDENCE

*Assistance to help you stay in your
own home—independent and secure.*

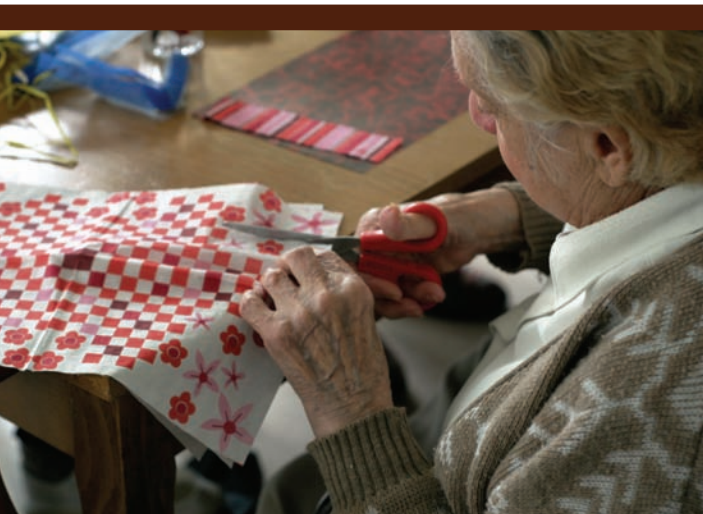


in Linn, Benton & Lincoln Counties

What is Oregon Project Independence?

Oregon Project Independence (OPI) is a program that helps older adults stay in their homes even though they need assistance to take care of their daily needs. OPI services include:

- Personal care
- Home care
- Respite for caregivers
- Case management
- Home-delivered meals
- Adult day services
- Grocery shopping



Who does OPI serve?

People 60 or older who are not on Medicaid, but may receive food stamps and limited medical programs. OPI also serves people under the age of 60 who have a qualifying diagnosis of Alzheimer's or dementia.

How much do OPI services cost?

The cost of OPI services is based on what is called a "sliding fee scale." The formula takes into account income after deductions for medical expenses. This is compared to the annual federal poverty levels and used to determine what someone should contribute to the cost of services.

How does someone apply?

As an Area Agency on Aging (AAA), Senior and Disability Services can help you apply and arrange for OPI services. Agency representatives will perform individual assessments to determine needs and eligibility for OPI on a case-by-case basis.

How can I get more information?

For more information and answers to questions, contact Senior and Disability Services at:

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Local
541-967-8630
Toll free
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Lincoln County

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541-336-2289
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800-282-6194

Or visit our Web site

www.ocwcog.org

