

Our menus include a variety of foods to provide you with well-balanced meals, which are lower in fat and sodium and offer the choice of a diabetic friendly dessert.

Trending: Buy Groceries Online

Modern technology has brought many conveniences to everyday life, including daily meal planning and preparation. Online services now make it easy to shop for groceries from the comfort of home, and in some cases even have it delivered straight to your door.

Types of Online Services Available

There are many companies offering different levels of online grocery services. Local stores and many big-box stores offer the ability to shop online and either pick up in-store or have the order delivered to your home. There are also online-only companies — some operate like a virtual grocery store, while others offer pre-planned meal kits instead of purchasing individual ingredients.

To choose the best option, you want to weigh price, convenience, vs. services offered.

What to Keep in Mind When Choosing an Online Service

For those living in remote areas, or if other factors make it difficult to get to a grocery store, online ordering can relieve stress and preserve independence. Some people find it helpful to order from home, where they can reference recipes or compare ingredients to their doctors' orders before buying.

Pros: Buying online can make it easier to stick to a planned grocery list. Without impulse purchases you see in the store sneaking into your cart, you can save money and reduce the amount of “junk” food in your home. Some services also offer subscriptions or auto-reordering, which can save time.

Cons: There are usually extra costs for these services, including delivery fees, minimum order amounts, and/or subscriptions or club membership fees. You may need to be home to receive your delivery, or at least plan ahead so your food doesn't spoil by sitting out too long.



Dining Centers & Days of Service Call for Lunch Reservations

LINN COUNTY

Albany Senior Center

Monday - Friday (541) 967-7647

Brownsville Christian Church

Tues. & Thurs. (541) 466-5015

Lebanon Senior Center

Monday - Friday (541) 451-1139

Mill City, First Presbyterian

Tues. & Thurs. (503) 897-2204

Sweet Home Community Center

Mon., Tues., Fri (541) 367-8843

BENTON COUNTY

Corvallis Senior Center

Monday - Friday (541) 753-1022

LINCOLN COUNTY

Lincoln City Community Center

Mon., Wed., Fri. (541) 994-7731

Newport Senior Center

Mon., Wed., Fri. (541) 574-0669

Siletz, Tribal Community Center

Mon. & Wed. (541) 270-7416

Toledo, Trinity United Methodist

Friday (541) 270-7416

Waldport, South County Sr. Center

Mon., Wed., Fri (541) 563-8796