



Oregon Cascades West Meals on Wheels

April 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Suggested Donation: \$3.50 per Meal</p> <p>1% Milk Served w/ All Meals.</p> <p><i>WE ACCEPT THE OREGON TRAIL CARD</i></p>		<p>1</p> <p>Chicken Rice Bake or Macaroni & Cheese Capri Blend Vegetables Country Coleslaw Garlic Roll Lemon Bar</p>	<p>2</p> <p>Cowboy Campfire Stew or Teriyaki Turkey w/Brown Rice Country Trio Blend Garden Vegetable Salad White Dinner Roll Vanilla Pudding</p>	<p>3</p> <p>Chicken Pastina or Southwest Omelet Bake Mixed Vegetables Romaine Iceberg Salad Multigrain Roll Butterscotch Bar</p>
<p>6</p> <p>Chicken Chile Relleno Bake or Beef and Cabbage Bake California Blend Vegetables Garden Vegetable Salad White Dinner Roll Seasonal Fresh Fruit</p>	<p>7</p> <p>Meatloaf w/Creole Sauce or Chicken w/Scalopini Sauce Delmonico Potatoes Dilled Carrots Oatmeal Bread Bread Pudding w/Raisins</p>	<p>8</p> <p>Tuna Salad Sand Half or Egg Salad Sand Half Tomato Florentine Soup Marinated Broccoli Salad Whole Wheat Bread Golden Fruit Cup</p>	<p>9</p> <p>Easter Special Chicken w/Paprika Cream Sauce or Roast Pork w/Pork Gravy Red Potatoes Normandy Blend Vegetables Herb Bread Cranberry Crunch Bar</p>	<p>10</p> <p>Easter Special Roasted Turkey w/Poultry Gravy or Breaded Fish w/Tartar Sauce Sour Cream & Chive Potatoes Green Peas & Onions Squash Bread Poke n' Pour Cake</p>
<p>13</p> <p>Lemon Herb Chicken or Beef Country Fried Steak w/Country Gravy Whipped Potatoes Mixed Vegetables Multigrain Bread Chocolate Pudding</p>	<p>14</p> <p>Shaved Turkey Sand Half or Meatloaf Sandwich Half Six Bean Soup Broccoli Raisin Salad Whole Wheat Bread Pineapple Tidbits Dijonnaise Sauce</p>	<p>15</p> <p>Chicken Chop Suey w/Brown Rice or Pasta Primavera Chuckwagon Corn Tossed Salad Sunflower Seed Roll Ice Cream Cup</p>	<p>16</p> <p>Beef Sloppy Joe or Kielbasa Sausage Sauerkraut/Yellow Mustard Baked Beans Creamy Coleslaw Bun Hermit Bar</p>	<p>17</p> <p>Garden Chicken Mini Salad or Chickpea Mini Salad Spinach Romaine Popeye Potato Soup Rye Bran Roll Spiced Peaches</p>
<p>20</p> <p>Chicken Divan w/Rice or Spaghetti with Meat Sauce Green Beans Spinach Romaine Salad Squash Roll Pineapple Peach Crisp</p>	<p>21</p> <p>Cheese Omelet w/Spanish Sauce or Pork Sausage Gravy Scandinavian Blend Vegetables Garden Vegetable Salad Biscuit Caramel Apple Pudding</p>	<p>22</p> <p>Chef Mini Salad w/Ranch Dressing or Chicken Curry Salad Spinach Romaine Lentil Soup Whole Wheat Roll Pears</p>	<p>23</p> <p>Beef Stew or Vegetable Lasagna (Spinach) Glazed Carrots Marinated Zucchini French Roll Snickerdoodle Bar</p>	<p>24</p> <p>Chicken Cordon Bleu or HS Pork Patty w/Pork Gravy Whipped Potatoes Capri Blend Vegetables Seven Grain Bread Chocolate Cake w/Frosting</p>
<p>27</p> <p>Baked Beef Rigatoni Scalloped Potatoes and Turkey Ham Green Peas Creamy Coleslaw Whole Wheat Roll Apple Crisp</p>	<p>28</p> <p>Chicken Lo Mein Spinach Cheese Strata Broccoli Garden Vegetable Salad Cracked Wheat Roll Seasonal Fresh Fruit</p>	<p>29</p> <p>Salisbury Patty w/Gravy Herb Chicken Patty Poultry Gravy Whipped Potatoes Normandy Blend Vegetables Onion Bread Peanut Butter Bar</p>	<p>30</p> <p>Honey Mustard Chicken Beef Mushroom Patty Whipped Sweet Potatoes Mixed Vegetables Seven Grain Bread Chocolate Ice Cream Cup</p>	