

Oregon Cascades West Meals on Wheels | April 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Suggested Donation: \$3.50 per Meal 1% Milk Served w/All Meals WE ACCEPT THE OREGON TRAIL CARD .</p>		<p>ALLERGEN DISCLAIMER: Our production kitchen uses the following products in meal preparation: tree nuts, peanuts, soy, eggs, milk, fish, shellfish, wheat, and products containing gluten. We cannot guarantee that all menu items are free of allergens. We use shared equipment and handle common allergens throughout the supply chain.</p>		<p>1 Beef & Black Bean Chili Cheese & Gr. Chili Bake Green Beans w/Red Peppers Tossed Salad White Dinner Roll Zucchini Brownie</p>
<p>4 Turkey Pot Pie Westen Pork Stew California Mixed Vegetable Garden Vegetable Salad Biscuit Chocolate Pudding</p>	<p>5 Cowboy Campfire Stew Chicken Tetrazzini Spinach Tossed Salad Wheat Roll Peach Cobbler</p>	<p>6 Chicken Rice Bake Macaroni & Cheese Capri Vegetable Blend Confetti Coleslaw Garlic Bread Seasonal Fresh Fruit</p>	<p>7 Meatloaf w/Creole Sauce Chicken w/Scallopini Sauce Delmonico Potatoes Dilled Carrots French Bread Bread Pudding</p>	<p>8 Tuna Salad Half Sandwich Egg Salad Half Sandwich Tomato Florentine Soup Marinated Broccoli Salad Whole Wheat Bread Golden Fruit Cup</p>
<p>11 Lemon Rosemary Chicken Beef Country Fried Steak w/Gravy Whipped Potatoes Mixed Vegetables Multigrain Roll Key Lime Bar</p>	<p>12 Chef Mini Salad Chicken Curry Salad over Spinach Romaine Lentil Soup Wheat Roll Diced Pears</p>	<p>13 Chicken Chop Suey w/Brown Rice Pasta Primavera Chuckwagon Corn Asian Coleslaw Sunflower Seed Bread Ice Cream</p>	<p>14 Easter Special Chicken w/Creamy Paprika Sauce Sliced Ham w/Raisin Sauce Red Diced Potatoes Italian Mixed Vegetables Potato Roll Cranberry Crunch Bar</p>	<p>15 Easter Special Roasted Turkey w/Gravy Braised Beef Tips w/Gravy Garlic Whip Potatoes Green Peas w/Onion Squash Bread Poke n' Pour Cake</p>
<p>18 Chicken Cordon Bleu HS Pork Patty w/Gravy Scalloped Potatoes Capri Vegetable Blend Seven Grain Bread Mandarin Oranges</p>	<p>19 Cheese Omelet w/Sauce Pork Sausage Gravy Scandinavian Veg Garden Vegetable Salad Biscuit Snickerdoodle Bar</p>	<p>20 Shaved Turkey Half Sandwich Meatloaf Half Sandwich Corn Chowder Apple Cranberry Coleslaw Pineapple Tidbits</p>	<p>21 Honey Mustard Chicken Beef Mushroom Patty Whipped Sweet Potatoes Mixed Vegetables Seven Grain Bread Apple Cobbler</p>	<p>22 Italian Special Spaghetti & Meat Sauce Chicken Parmesan Italian Mixed Vegetables Tossed Salad Garlic Bread Tiramisu Cake</p>
<p>25 Beef Rigatoni Bake Lima Beans & Turkey Ham Green Peas Confetti Coleslaw Wheat Roll Seasonal Fresh Fruit</p>	<p>26 Chicken Lo Mein Spinach Cheese Strata Broccoli Garden Vegetable Salad Cracked Wheat Bread Ice Cream</p>	<p>27 Salisbury Steak w/Gravy Herbed Chicken Patty w/Gravy Whipped Potatoes Scandinavian Mixed Vegetable Cornmeal Bread Chocolate Cake w/Frosting</p>	<p>28 Santa Fe Chicken Salad Turkey Pasta Salad Tossed Salad Potato Onion Soup White Dinner Roll Spiced Pears</p>	<p>29 Shoyu Chicken w/Brown Rice Vegetable Lasagna Spinach Marinated Zucchini Salad Glazed Carrots French Bread Caramel Apple Pudding</p>