

NorthWest Senior & Disability Services | May 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Rice Bake Macaroni & Cheese Florentine Capri Vegetable Blend Garden Vegetable Salad Multigrain Roll Gelatin w/Whipped Topping	3 Teriyaki Chicken Kielbasa Sausage California Mixed Vegetables Confetti Coleslaw Hoagie Bun Seasonal Fresh Fruit	4 Cinco De Mayo Special Chicken Fajita Bowl Beef Enchilada Bake Chuckwagon Corn Creamy Cucumber Salad Cornbread Cinnamon Choc Pudding	5 Cinco De Mayo Special Frito Pie Mexican Pasta Bake Corn O'Brien Tossed Salad Seven Grain Roll Chocolate Oatmeal Bar	6 Mother's Day Special Chicken with Supreme Sauce Ham w/Raisin Sauce Whipped Sweet Potatoes Green Peas & Onions French Bread Cherry Crisp
9 White Bean Chili w/Chicken Lasagna Cheese Roll-Up Italian Mixed Vegetables Tossed Salad Squash Bread Rocky Road Pudding	10 Swiss Style Patty w/Swiss Sauce Breaded Fish w/Tartar Sauce Parslied Potatoes Broccoli Cracked Wheat Bread Pineapple Fluff	11 Chicken A La King HS Pork Patty w/Gravy Whipped Potatoes California Mixed Vegetables Whole Wheat Bread Key Lime Bar	12 Garden Chicken Mini Salad Chickpea Mini Salad Tossed Salad Cream of Cauliflower Soup Wheat Roll Mandarin Oranges	13 Shoyu Chicken Country Meatballs w/Gravy Rice Pilaf Spinach Green Peas & Carrots Peach Cobbler
16 Southwest Omelet Bake BBQ Smokehouse Chop Red Diced Potatoes Brussels Sprouts Cracked Wheat Bread Golden Fruit Cup	17 Spaghetti & Meat Sauce Sweet & Sour Chicken w/Br. Rice Green Beans Tossed Salad Garlic Roll Chocolate Cake w/Frosting	18 Meatloaf w/Gravy Orange Glazed Chicken Delmonico Potatoes Winter Blend Vegetables Oat Bran Wheat Roll Lemon Blondie	19 Vegetable Lasagna Spinach Cowboy Campfire Stew Mixed Vegetables Marinated Broccoli Salad French Roll Seasonal Fresh Fruit	20 Chicken Salad Half Sandwich Tuna Salad Half Sandwich Green Split Pea Soup Confetti Coleslaw Whole Wheat Bread Spiced Apples
23 Baked Beef Rigatoni Turkey Divan Bake Winter Blend Vegetables Three Bean Salad White Dinner Roll Lime Whip	24 Chicken Alfredo Pasta Bake Cheese & Green Chili Bake Dilled Carrots Tossed Salad Cornmeal Bread Butterscotch Pudding	25 Pasta Primavera Beef Stew Whole Kernel Corn Marinated Zucchini Salad Seven Grain Roll Ice Cream	26 Santa Fe Chicken & Lentils Shepherd's Pie Green Beans w/Red Peppers Apple Cranberry Coleslaw Multigrain Roll Spiced Peaches	27 Memorial Day Special BBQ Chicken Sandwich Kielbasa Sausage Hoagie Bun Baked Beans Italian Mixed Vegetables Zucchini Brownie
30 Closed for the Memorial Holiday	31 Chicken Tetrazzini Beef & Black Bean Chili Spinach Tossed Salad Wheat Roll Gelatin w/Whipped Topping	A suggested minimum donation is requested from seniors 60 & older. Non-seniors must pay full cost of the meal. 1% milk served with all meals.	ALLERGEN DISCLAIMER: Our production kitchen uses the following products in meal preparation: tree nuts, peanuts, soy, eggs, milk, fish, shellfish, wheat, and products containing gluten. We cannot guarantee that all menu items are free of allergens. We use shared equipment and handle common allergens throughout the supply chain.	