



Older Americans Month 2022 PROCLAMATION

Whereas, The region served by Oregon Cascades West Council of governments includes a growing number of older residents who contribute their strength, wisdom, and experience to our community;

Whereas, Oregon Cascades West Council of Governments is committed to helping all individuals live longer, healthier lives in the communities of their choice, embracing the 2022 Older Americans Month theme, "*Age My Way*"; and

Whereas, since 1965, the Older Americans Act has provided services that promote and support older adults to remain healthy and independent; support family caregivers, address issues of exploitation, neglect and abuse of older adults, and adapt services to the needs of Native American elders; and

Whereas, we recognize the value of community engagement and service in helping older adults remain healthy and active while giving back to others; and

Whereas, our community can provide opportunities to enrich the lives of individuals of all ages by:

- Promoting and engaging older adults to stay connected through community events, and other activities supporting health and wellness, reducing social isolation; and
- Emphasizing home- and community-based services that support independent living; and
- Providing opportunities for older adults and all community members to work, volunteer, learn and mentor

Therefore, be it hereby proclaimed that May 2022 is Older Americans Month. We encourage all residents to take time this month to connect with older family members, friends, neighbors, and colleagues; acknowledge their valuable contributions, past and present; encourage their ongoing physical, mental, and emotional well-being; and support their choices about how they age in their communities.

Adopted and signed this 19th day of May 2022.

OREGON CASCADES WEST COUNCIL OF GOVERNMENTS

A handwritten signature in blue ink, appearing to read "Claire Hall", is written over a horizontal line.

Commissioner Claire Hall
Chair, Board of Directors
Oregon Cascades West Council of Governments

A handwritten signature in black ink, appearing to read "Ryan Vogt", is written over a horizontal line.

Ryan Vogt
Executive Director
Oregon Cascades West Council of Governments