

# Lincoln County 2023 Annual Report

### **Senior & Disability Services**

#### **MEALS ON WHEELS**

Meals on Wheels (MOW) serves fresh, hot, nutritionally balanced meals to older adults, adults with disabilities, and spouses/life partners who often live alone and have limited resources or ability to care for themselves. Along with a nutritionally balanced meal, MOW provides a daily safety check and social connection, assisting limited-income, low mobility clients to remain safe and independent in their own home for as long as possible.













#### **MEAL SITE LOCATIONS**

Lincoln City Community Center | Newport Senior Center | Siletz Tribal Community and Cultural Center | Toledo Methodist Church | Waldport South County Community Center

#### COMPASSION • COLLABORATION DIVERSITY, EQUITY & INCLUSION • INTEGRITY • RESPECT

**OCWCOG LICENSES ADULT FOSTER HOMES THAT HOUSE OLDER ADULTS AND PEOPLE WITH DISABILITIES IN THE** COUNTY.

#### **CASE MANAGEMENT**

677 643 CASES NEW MANAGED **REQUESTS** 

OCWCOG staff provide case management for Long Term Services and Supports (LTSS) throughout the region.

# **ADULT FOSTER HOMES** Provided up to 40 residents safe housing in 2023.

#### AGING AND DISABILITY **RESOURCE CONNECTION**

The Aging and Disability Resource Connection (ADRC) is a free service that offers the public a single source of information and assistance on issues affecting older adults and people with disabilities regardless of their income.

1,162 LINCOLN COUNTY CONSUMERS SERVED 62% 66% WERE OVER

THE AGE OF 65

**REPORTED DIFFICULTY DOING TASKS** 

# OREGON PROJECT

Oregon Project Independence provides assistance that supports daily activities of living which can be provided by home care workers or in-home care agencies.

# **MONEY MANAGEMENT PROGRAM**

MONEY MANAGEMENT **CONSUMERS** 

The Money Management program provides free assistance with personal money management tasks through specially trained volunteers.

A consumer came into our office to inquire about Money Management services as they were struggling to make ends meet. They voiced their extreme stress as bills stacked up, calls were coming in daily, threatening collections and shut off notices were being received. They expressed that this not only caused a huge amount of stress and anxiety but also caused them to become more isolated. Within 3 months of working with the Money Management Program, the consumer was able to reduce their expenses, allowing them to save over \$200 a month. MMP also aided this consumer in connecting with multiple other services offered within the agency including Meals on Wheels, where they are able to dine and meet with other community members at a local meal site.

Lincoln County Eligibility Unit recently completed its Program Management Evaluation Audit, which is an audit that ensures local offices do not have any barriers or limitations in their processes that impact an individual's ability to apply for and receive SNAP benefits. The Lincoln County office scored high in almost every area with very minimal cited areas.

# **Community Service Programs**

#### SENIOR HEALTH INSURANCE BENEFITS ASSISTANCE

**601** Lincoln County residents received one on one counseling on their Medicare benefits through the Senior Health Insurance Benefits Assistance (SHIBA) program. This counseling was provided by **5** certified volunteer counselors from Lincoln County.

# MEDICARE 101 PRESENTATIONS Benefited Lincoln County residents in 2023

Medicare 101 seminars are designed for anyone who is new to Medicare. They are also helpful for current beneficiaries who would like a better understanding of their Medicare benefits and options.

#### STAND BY ME FINANCIAL EMPOWERMENT PROGRAM

**\$12,150** TO SUPPORT WORKSHOPS & TRAININGS A collaborative project with Casa Latinos Unidos was chosen for funding from Samaritan Albany General Hospital and Samaritan Lebanon Community Hospital Social Accountability Budgets

#### FOSTER GRANDPARENT PROGRAM

# FOSTER GRANDPARENT VOLUNTEERS

Foster Grandparent volunteers served in schools, libraries, after school programs, and at nonprofit organizations. These volunteers provided **1,474** volunteer hours in Lincoln County.



# SENIOR COMPANION PROGRAM

# VOLUNTEERS

provided **2,790** volunteer hours of assistance to elderly adults in Lincoln County by giving them transportation for errands, grocery shopping, and more.

Nine TRANSPORTATION CARE PLANS PROVIDED

Eight TRANSPORTATION CARE PLANS PROVIDED

#### **BEHAVIORAL ACTIVATION**

OCWCOG added Get Activated, a behavioral activation group for homebound seniors in partnership with the Older Adult Behavioral Health Initiative (OAHBI). The six-week courses are delivered via videoconferencing in a virtual group setting to ensure professional, real-time sessions with group camaraderie, as well as individualized follow-up coaching to benefit Lincoln County residents.

#### **Community & Economic Development**

#### **CASCADES WEST RIDE LINE**

Cascades West Ride Line is the region's Non-Emergent Medical Transportation (NEMT) that provides rides to non-emergency medical appointments for eligible Oregon Health Plan (OHP) and Medicaid clients.

#### 22,570 TRIPS PROVIDED 928,967 TOTAL MILES TRAVELED



Benton and Lincoln received a **\$24.9 million** USDA Reconnect grant OCWCOG supported, and Strategic County Plans have been developed.

## RURAL CAPACITY & FORD FAMILY FOUNDATION FUNDS

OCWCOG wrapped up Rural Capacity and Ford Family Foundation grant work. This included staying in touch with rural communities, prospecting for grants, and looking at regional solutions.

#### **CASCADES WEST BUSINESS LENDING**

Cascades West Business Lending supports small businesses in Lincoln County with **6** active loans totaling **\$388,433.** 

HOPSCOTCH TOYS WESTWARD WATERS KAYAK TOURS 2 BROKE BARTENDERS THE PINES DINE THE CALLEY KITCHE SKOSH

OCWCOG's lending department provides loan administration services to the City of Lincoln City for their Economic Development Toolbox Loan & Grant Program. We recently facilitated a loan for the Lincoln City Cultural Center to finalize work on the outdoor Plaza. The final phase of redevelopment of the Delake School property that houses the Cultural Center. The Plaza will be a new venue designed for community activities including the Lincoln City Farmers and Crafters Market.



Skosh located on HWY 101 in Waldport.