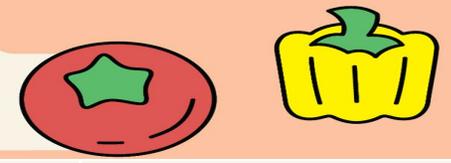


# April

## OREGON CASCADES WEST MEALS ON WHEELS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>ALLERGEN DISCLAIMER:</b> Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free. Please inform a team member if you have a food allergy.</p>		<p><b>1</b></p> <ul style="list-style-type: none"> <li>👏 Hearty Turkey Stew</li> <li>👏 Tuna Pasta Bake</li> <li>Mixed Vegetables</li> <li>Apple Cranberry Coleslaw</li> <li>Oat Bran Bread</li> <li>Spiced Peaches</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>Chicken Supreme</li> <li>Homestyle Pork Patty w/ Gravy</li> <li>Mashed Spiced Yams</li> <li>California Vegetables</li> <li>Seven Grain Bread</li> <li>Fresh Banana</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>👏 Shaved Turkey Half Sandwich</li> <li>✓ Egg Salad Half Sandwich</li> <li><i>New!</i> Butternut Squash Soup</li> <li>Garbanzo Bean Salad</li> <li>Wheat Bread</li> <li>Mixed Fruit</li> </ul>
<p><b>6</b></p> <ul style="list-style-type: none"> <li>Lime Chicken</li> <li>Baked Tilapia</li> <li>w/ Spanish Sauce</li> <li>Brown Cilantro Lime Rice</li> <li>Whole Kernel Corn</li> <li>Fiesta Vegetables</li> <li>Fresh Apple Slices</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>Creamed Chicken and Vegetables</li> <li>Roast Pork w/ Gravy</li> <li>Chuckwagon Corn</li> <li>Whipped Potatoes</li> <li>Peas and Carrots</li> <li>Oat Bran Bread</li> <li>Fresh Orange</li> </ul>	<p><b>8</b> <b>Around the World</b></p> <ul style="list-style-type: none"> <li><i>New!</i> Mongolian Chicken</li> <li><i>New!</i> Sweet &amp; Sour Meatballs</li> <li>Brown Rice</li> <li>Kyoto Vegetables</li> <li>Ginger Carrots</li> <li>Fresh Banana</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>Garden Turkey Mini Salad</li> <li>Caesar Dressing</li> <li>👏 BBQ Chicken Mini Salad</li> <li>Ranch Dressing</li> <li>Over Greens</li> <li>Pickled Beets</li> <li>Herb Roll</li> <li>Tropical Fruit</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>✓ Macaroni &amp; Cheese</li> <li>Farmer's Chicken Stew</li> <li>Stewed Tomatoes</li> <li>Garlic Spinach</li> <li>Rye Bran Roll</li> <li>Pears</li> </ul>
<p><b>13</b></p> <ul style="list-style-type: none"> <li>Butter Chicken</li> <li>Kalua Pork</li> <li>w/ Teriyaki Sauce</li> <li>Jasmine Rice</li> <li>Sesame Green Beans</li> <li>Carrot Mandarin Salad</li> <li>Fresh Apple Slices</li> </ul>	<p><b>14</b> <b>Around the World</b></p> <ul style="list-style-type: none"> <li>Baked Chicken</li> <li><i>New!</i> w/ Mediterranean Sauce</li> <li>Breaded Fish</li> <li>w/ Tartar Sauce</li> <li>Orzo Lemon Pasta</li> <li>Tomato, Cucumber, Feta Salad</li> <li>Frosted Chocolate Cake-Birthday</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>👏 Chicken Parmesan Sandwich</li> <li>👏 <i>New!</i> Vegetarian Sloppy Joe</li> <li>Brussels Sprouts</li> <li>Marinated Zucchini Salad</li> <li>Hamburger Bun</li> <li>Spiced Peaches (warm)</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li><i>New!</i> Yogurt Dill Turkey Salad</li> <li>✓ Egg Salad Half Sandwich</li> <li>✓ Lentil Soup</li> <li>Kidney Bean Salad</li> <li>Wheat Bread</li> <li>Pineapple Tidbits</li> <li>Peaches</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>Sloppy Joe</li> <li><i>New!</i> Buffalo Ranch Chicken Sandwich</li> <li>Baked Beans</li> <li>California Vegetables</li> <li>WG Hamburger Bun</li> <li>Fresh Orange</li> </ul>
<p><b>20</b></p> <ul style="list-style-type: none"> <li>✓ Broccoli Strata</li> <li>Pork Sausage Patty</li> <li>w/ Cheese</li> <li>Diced Potatoes</li> <li>California Vegetables</li> <li>Biscuit</li> <li>Applesauce</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>Beef Spanish Rice</li> <li>Chicken Mushroom Bake</li> <li>Whole Kernel Corn</li> <li>Coleslaw</li> <li>Seven Grain Roll</li> <li>Fresh Orange</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>Meatloaf</li> <li>w/ Brown Gravy</li> <li>Hawaiian Chicken</li> <li>w/ Sauce</li> <li>Delmonico Potatoes</li> <li>Mixed Vegetables</li> <li>Oat Bran Bread</li> <li>Fresh Apple Slices</li> </ul>	<p><b>23</b> <b>Spring Special</b></p> <ul style="list-style-type: none"> <li>👏 Chicken Breast</li> <li>w/ Apple Cider Glaze</li> <li>👏 Sliced Ham</li> <li>w/ Brown Sugar Glaze</li> <li>Mashed Spiced Yams</li> <li>Green Beans</li> <li>Onion Bread</li> <li>Coconut Treasure Cake</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>👏 Chicken Breast</li> <li>w/ Peanut Sauce</li> <li>Sesame Diced Pork</li> <li>Brown Rice</li> <li>Broccoli and Carrots</li> <li>Sesame Coleslaw</li> <li>Mandarin Oranges</li> </ul>
<p><b>27</b></p> <ul style="list-style-type: none"> <li>Turkey Rice Bake</li> <li>Beef Kettle Lasagna</li> <li>Winter Vegetables</li> <li>Carrot Pineapple Salad</li> <li>Sunflower Roll</li> <li>Fresh Apple Slices</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>Swiss Style Beef Patty</li> <li>w/ Brown Gravy</li> <li>👏 Southwestern Spice Chicken</li> <li>Diced Potatoes</li> <li>Carrots</li> <li>Squash Bread</li> <li>Peaches</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>Chicken Caesar Salad</li> <li>👏 ✓ Cottage Cheese over Greens</li> <li>✓ Split Pea Soup</li> <li>Multigrain Roll</li> <li>Tropical Fruit</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>✓ Beef Stroganoff</li> <li>👏 ✓ Vegetarian Meatballs</li> <li>w/ Marinara Sauce</li> <li>Penne Pasta</li> <li>California Vegetables</li> <li>Carrot Pepper Coleslaw</li> <li>Garlic Roll</li> <li>Fresh Orange</li> </ul>	<p><b>Suggested Donation:</b> <b>\$3.50 per Meal.</b> <b>Milk Served with Meals.</b> <b>WE ACCEPT THE</b> <b>OREGON TRAIL CARD.</b></p>